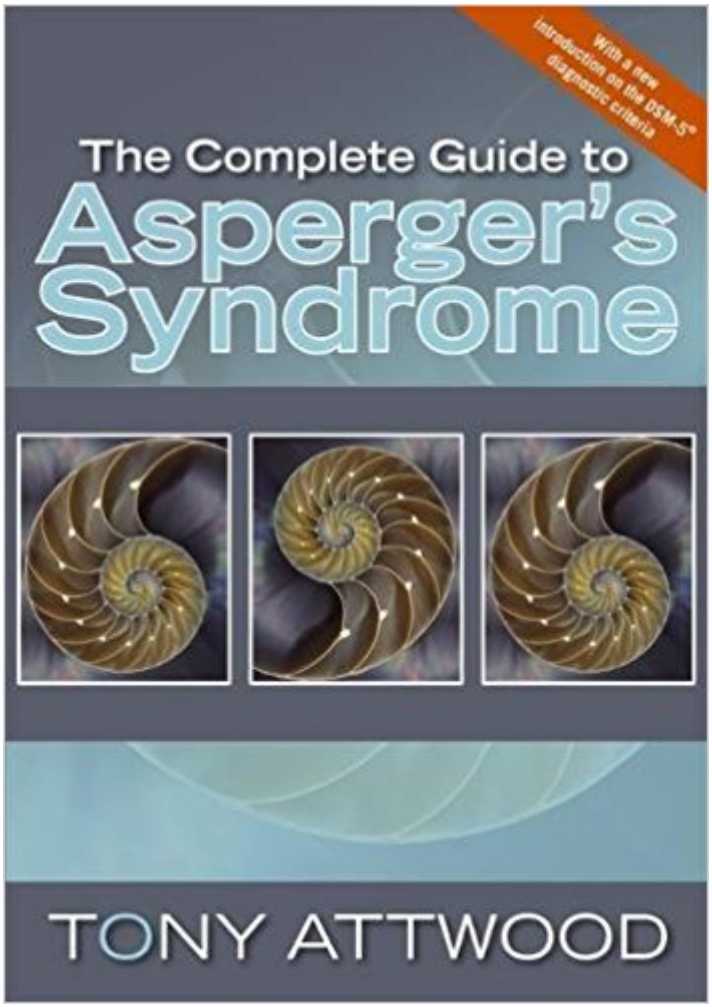
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The Complete Guide To Asperger's Syndrome



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Synopsis

The Complete Guide to Asperger’s Syndrome is the definitive handbook for anyone affected by Asperger’s syndrome (AS). Now including a new introduction explaining the impact of DSM-5 on the diagnosis and approach to AS, it brings together a wealth of information on all aspects of the syndrome for children through to adults.Drawing on case studies and personal accounts from Attwood’s extensive clinical experience, and from his correspondence with individuals with AS, this book is both authoritative and extremely accessible. Chapters examine: * causes and indications of the syndrome * the diagnosis and its effect on the individual * theory of mind * the perception of emotions in self and others * social interaction, including friendships * long-term relationships * teasing, bullying and mental health issues * the effect of AS on language and cognitive abilities, sensory sensitivity, movement and co-ordination skills * career development.There is also an invaluable frequently asked questions chapter and a section listing useful resources for anyone wishing to find further information on a particular aspect of AS, as well as literature and educational tools.Essential reading for families and individuals affected by AS as well as teachers, professionals and employers coming in contact with people with AS, this book should be on the bookshelf of anyone who needs to know or is interested in this complex condition.’I usually say to the child, "Congratulations, you have Asperger’s syndrome", and explain that this means he or she is not mad, bad or defective, but has a different way of thinking.’- from The Complete Guide to Asperger’s Syndrome

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Customer Reviews

Tony Atwood is one of the greatest resources in the Asperger world and this is said to be the Asperger's Syndrome bible so make sure you keep it on you shelf, even if you don't read it cover to cover. It has loads of great information. -- One Girl Circus blog This book really is a must-have resource for all academic libraries, college psychology classes, parents and relatives of those with AS, clinicians and medical professionals, teachers, and of course, those of us who have AS. -- Autism Spectrum Quarterly 'This is the single best book currently available on Asperger's Syndrome (AS)... It presents a very readable but highly authoritative account based on Attwood's extensive clinical experience and a wealth of case studies, research and personal accounts... Essential reading for parents and families (as well as others coming into contact with individuals with AS) -- Debate This is a comprehensive and thorough discussion of Asperger's. Atwood excels at making this text not only an easy read, but also a valuable reference. The book is full of knowledge and true life stories of those affected by Aspergers. -- Spectrum Magazine This comprehensive guide to understanding Asperger's Syndrome is easy to read. It has a very practical approach and will appeal to young people with Aspergers Syndrome, parents, carers and professionals alike. Understanding is helped by personal insights and practical strageties for those with AS and for carers too. For readers who do not have a lot of time there is a quick reference index to go straight to the aspect you want to know about first. Newcomers to the subject will find the glossary invaluable. If it whets your appetite there are 22 pages of refernces for further study and a section on further resources. -- CaN! Wales Carers Network and Autism Academy Bulletin All in all an excellent resource for anyone's shelf who comes into contact with Asperger's Syndrome. The Key points and strategies section at the end of each chapter in invaluable for finding that key piece of information you need without having to read the whole chapter. There is also a very useful frequently asked questions chapter and a section with useful resources for anyone wishing to find furter information on a particular aspect of AS, as well as literature and educational tools. Does exactly what it state on the tin! -- COTSS PLD Newsletter This is a very informative read which is aimed at not only the professionals, but also the parents, teachers and family members of those people suffering from Aspergers Sundrome. It will also serve as a comfort for those people who have either been diagnosed with AS or have an inkling that they might be on the spectrum as it details not only the symptoms but also coping mechanisms. Personally speaking, this was a comfort to me because I fell that I am on the spectrum somewhere and it's enough for me, now, to understand that...The language is never too technical, and has quotations from Hans Asperger (who first diagnosed the condition) as well as excerpts from Aspies themselves - which add another

dimension to the book. As a first step into the world of Aspergers Sundrome this is a perfect start. It has a whole list of resources at the back for people, should they wish to take their reading further, including a list of websites as well. An informative read, I can not recommend this book highly enough. -- bfkbooks.com 'Have a question about Asperger syndrome? Chances are it's answered in this comprehensive guide by Australian Tony Attwood. Attwood has been studying, writing about and speaking about AS for many years, and has gained a reputation for being knowledgable, approachable, and practical in his advice and thoughts. Attwood also manages to be enormously respectful to people with AS -- something that can't be said for all such guides. One of the nicest and most surprising aspects of this com --Library Journal

Tony Attwood is one of the greatest resources in the Asperger world and this is said to be the Asperger's Syndrome bible so make sure you keep it on you shelf, even if you don't read it cover to cover. It has loads of great information. (One Girl Circus blog)This book really is a must-have resource for all academic libraries, college psychology classes, parents and relatives of those with AS, clinicians and medical professionals, teachers, and of course, those of us who have AS. (Autism Spectrum Quarterly)'This is the single best book currently available on Asperger's Syndrome (AS)... It presents a very readable but highly authoritative account based on Attwood's extensive clinical experience and a wealth of case studies, research and personal accounts... Essential reading for parents and families (as well as others coming into contact with individuals with AS) (Debate)This is a comprehensive and thorough discussion of Asperger's. Atwood excels at making this text not only an easy read, but also a valuable reference. The book is full of knowledge and true life stories of those affected by Aspergers. (Spectrum Magazine)This comprehensive guide to understanding Asperger's Syndrome is easy to read. It has a very practical approach and will appeal to young people with Aspergers Syndrome, parents, carers and professionals alike. Understanding is helped by personal insights and practical strageties for those with AS and for carers too. For readers who do not have a lot of time there is a quick reference index to go straight to the aspect you want to know about first. Newcomers to the subject will find the glossary invaluable. If it whets your appetite there are 22 pages of refernces for further study and a section on further resources. (CaN! Wales Carers Network and Autism Academy Bulletin)All in all an excellent resource for anyone's shelf who comes into contact with Asperger's Syndrome. The Key points and strategies section at the end of each chapter in invaluable for finding that key piece of information you need without having to read the whole chapter. There is also a very useful frequently asked questions chapter and a section with useful resources for anyone wishing to find

furter information on a particular aspect of AS, as well as literature and educational tools. Does exactly what it state on the tin! (COTSS PLD Newsletter)This is a very informative read which is aimed at not only the professionals, but also the parents, teachers and family members of those people suffering from Aspergers Sundrome. It will also serve as a comfort for those people who have either been diagnosed with AS or have an inkling that they might be on the spectrum as it details not only the symptoms but also coping mechanisms. Personally speaking, this was a comfort to me because I fell that I am on the spectrum somewhere and it's enough for me, now, to understand that...The language is never too technical, and has quotations from Hans Asperger (who first diagnosed the condition) as well as excerpts from Aspies themselves - which add another dimension to the book. As a first step into the world of Aspergers Sundrome this is a perfect start. It has a whole list of resources at the back for people, should they wish to take their reading further, including a list of websites as well. An informative read, I can not recommend this book highly enough. (bfkbooks.com)'Have a question about Asperger syndrome? Chances are it's answered in this comprehensive guide by Australian Tony Attwood. Attwood has been studying, writing about and speaking about AS for many years, and has gained a reputation for being knowledgable, approachable, and practical in his advice and thoughts. Attwood also manages to be enormously respectful to people with AS -- something that can't be said for all such guides. One of the nicest and most surprising aspects of this compendium of knowledge is that it's easy to read. Although Attwood does use "vocabulary words," he's careful to keep his language down-to-earth and engaging. Readers who aren't quite sure what a particular term means can check the glossary in the back of the book. (About.com)Usually, the first place I send any client for information is Tony Attwood's The Complete Guide to Asperger's Syndrome. For parents of kids just diagnosed with Asperger's, adults who think that maybe they've always been on the autism spectrum, or autistic teens who are starting to transition into adulthood, this book is a solid place to start. I think of this book as the Asperger's equivalent to The Joy of Cooking. There are lots of specialized cookbooks out there, covering the details of Thai cuisine, or how to use a slow cooker, but the classic Joy of Cooking can get you started and point out where to go next. Attwood's The Complete Guide to Asperger's Syndrome can get you started on just about any Asperger related issue, and show you where to go from there. (The Autism News)In 1998, Australian clinical psychologist Attwood published Asperger's Syndrome: A Guide for Parents and Professionals, which quickly established him as an international expert on the condition. Here, he updates research in this rapidly evolving field, offering a wealth of information on childhood, college, long-term relationships, and careers. He gives comprehensive coverage of topics such as friendship, bullying, special interests, and theory of

mind. Each chapter begins with a quote from Hans Asperger himself and includes firsthand experiences from individuals with Asperger's, including Temple Grandin, Liane Holliday Willey, and Stephen Shore. Particularly helpful are the "Key Points and Strategies" at each chapter's end and the detailed FAQs, glossary, resources, and references sections. Attwood writes, "I usually say to the child, `Congratulations, you have Asperger's syndrome,' and explain that this means he or she is not mad, bad or defective, but has a different way of thinking." His work skillfully brings together the current information on this fascinating condition and is an essential purchase for academic and public libraries. (Library Journal)

I have been fence sitting for over a decade as to whether my son might have Asperger's Syndrome. A good friend who had a son diagnosed with Asperger's suggested I read this book. She referred to it as the definitive resource on the subject. The book is a very good resource for parents of Asperger's children. It brings things into focus and can help educators also in helping these young people navigate not only their school years, but the world from their perspective.

This book has helped me to understand how to handle the things in my life I can not change. Great guide lines to a subject that is tough to talk about with someone who has not experienced it in their family. You don't feel so alone when you read this book as to the things that go on in your life, that you are a part of, but have no control to change. Someone told me to remember the people who have Asperger's wake-up and go to sleep with this, we only have to deal it for a short time. So at all cost "Be Kind".

If you have a child who has Asperger's and loved ones who just don't "get it", this is an excellent guide. It reads a bit clinical, but there are comments and sections from people who are living with Asperger's and it makes it relate-able.

If you or someone you care about has Aspergers this is a great place to start reading. The book isnt alwsys spot on but in the authors defense it isn't called a spectrum disorder for nothing. There is a wide range of personalties dealing with Aspergers. Also know that if you are reeling with a new diagnosis in the family that everything will be fine as long as you care. My son is third generation Aspie and we are all doing pretty well and living full lives. Educate yourself advocate do not hesitate to give your Aspie whst you know they need. They are not being difficult or different on purpose. Their brain is wired different from a neorotypical like my daughter. Its the first time Ive gotten to be

up close to someone born with social skills. Amazing and mind blowing but social skills can still be taught.

My husband and I were saddened and amazed at what we learned from this book.. Sad because it "fit" so perfectly and the realization that your child has a disorder of any kind is heartbreaking. Yet, we are grateful to learn that with consistent kindness, love, encouragement, and coaching, an Aspergers child can live a pretty normal life and show off some amazing characteristics and talents that truly makes them extraordinary human beings! This book is so well written and just packed full of mind-blowing discoveries into the world of Aspy kids. It is only the second book we've read on this subject but it's a definite winner and one you'll want to read over and over. We're now excited to learn more and embrace the journey of raising and enjoying our wonderfully brilliant teen-aged son!

It's very informational, in a clinical and clear way. Other books I looked at on the same topic were emotional and condisending. It was nice to fined one that is so strait forward, easy to read, well organized and full of clinical and personal stories from people who spent their lives dedicated to aspi life. I would recomind others who trully want to know about aspergers read this book.

RealSports on HBO is usually the only thing that makes me cry but tears flowed as I realized that other than my son, I have never met another person with Aspergers. I went from being 90% sure to 100% that we both suffer. This book is a must and I ordered the paperback and Kindle editions. I promised myself that I wouldn't become obsessed, major fail. If you suffer from Aspergers this book is for you, if you know someone with Aspergers get this book. You are not crazy just different.

Mr. Attwood identifies Aspergers as being on a continuum of natural abilities between autism and normal - he calls it "neurotypical". The advantages of seeking a confirmed AS diagnosis are explored along with possible misdiagnoses such as ADHD or a mood disorderA good description and evaluation of aspergers

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